

REVIEW ARTICLE

STEROLS OF THE FUNGI: DISTRIBUTION AND BIOSYNTHESIS*

JOHN D. WEETE†

Lunar Science Institute, 3303 Nasa Road 1, Houston, TX 77058, U S A

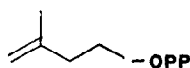
(Revised Received 2 March 1973 Accepted 19 April 1973)

Key Word Index—Fungi, sterols, distribution, biosynthesis, review

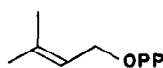
Abstract—The importance of sterols in the growth and reproduction in fungi is becoming increasingly apparent. This article concerns the composition and biosynthesis of ergosterol in these organisms. Comparison to plant and animal sterol formation are made.

INTRODUCTION

BIOLOGICAL polymerization of the five carbon isoprene unit in the form of isopentenyl and dimethylallyl pyrophosphates (Ia, b) leads to a host of compounds such as the mono-(C₁₀), sesqui-(C₁₅), di-(C₂₀), and tri-terpenoids (C₃₀), as well as the carotenoids and rubber which contain greater than thirty carbons. The triterpenes, particularly the sterols, are biologically the most interesting and important of these compounds and are widely distributed throughout the plant and animal kingdoms. In spite of their wide distribution, however, several taxonomic groups are apparently incapable of producing the basic sterol moiety. For example, all insects, the peronosporales fungi, the purple photosynthetic bacterium *Rhodospseudomonas palustris*, the tapeworm *Spirometra mansonoides*, the annelid *Lumbricus terrestris*, the nematode *Turbatrix acetabuli* and others are reportedly not capable of producing sterols.¹ Until recently, all procaryotic organisms were also thought to lack the capacity for sterol production, but these compounds have now been identified as products of certain blue-green algae^{2,3} and bacteria.⁴



(Ia)



(Ib)

Cholesterol is considered the major sterol in animal tissues, C₂₉ sterols such as sitosterol are predominant in photosynthetic plants, and ergosterol is the major sterol in most fungi.

* This paper was written at the Lunar Science Institute which is operated by the Universities Space Research Association under Contract No. NSR 09-051-001 with the National Aeronautics and Space Administration and by NASA Contract No. NAS 9-12622 (J D W). Lunar Science Institute Contribution No. 139.

† Present address: Department of Botany and Microbiology, Auburn University, Auburn, AL 36830, U S A.

¹ CLAYTON, R. B. (1971) in *Aspects of Terpenoid Chemistry and Biochemistry* (GOODWIN, T. E., ed.), Academic Press, New York.

² DESOUSA, N. J. and NES, W. R. (1968) *Science* **162**, 363.

³ REITZ, R. C. and HAMILTON, J. G. (1968) *Comp Biochem Physiol* **25**, 401.

⁴ SCHUBERT, K., ROSE, G., WACHTEL, H., HÖRHOOLD, C. and IKEKAWA, N. (1968) *European J Biochem* **5**, 246.

Ergosterol was first identified in extracts of ergot in 1889 by Tanret⁵ and soon afterward in other fungi by Gerard⁵⁻⁹. Sterols appear to be principally associated with the membrane elements of the cell, while ergosterol crystals have been observed in some fungal species. Sterols are most commonly found as the free sterol (alcohol) but sterol esters may also be readily extracted from fungal tissues. Sterol glycosides have also been reported and, recently, an uncharacterized 'water soluble' form of sterols has been reported from yeast.

DISTRIBUTION

The sterol content of over 150 fungal species have been reported with many of these being strains of *Saccharomyces cerevisiae* and other yeast species. Many of the early investigations were carried out before the development of GLC and MS and, hence, in many instances the total sterol fraction of fungi were reported as containing only ergosterol. Other closely related sterols present in low concentrations were often undetected. These studies did, however, reveal differences in the sterol levels of many fungal species¹⁰⁻²² and demonstrated that variations in sterol concentrations could be altered by changing the media composition and culture conditions.

In 1930, Bills *et al*²³ reported that 29 yeast species contained from 0.1 to 2.0% ergosterol. * Since that time many species representing several taxonomic levels of the fungi have been examined^{24,25} and, while it was found that some species contained no detectable sterols, the UT-139 strain of *S. cerevisiae* had a total sterol content of 2.90%. Generally, yeast appears to have the greatest potential for sterol production. Heiduschka and Lindner²⁶ reported that the ergosterol content of the mycelia of fungal species ranged from 0.29 to 1.17%. In a more recent study, McCorkindale and his associates²⁷ examined the total sterol abundances in the mycelia of 22 phycomycete species and found that their concentrations in representative members of the orders Saprolegniales, Leptomitales, and Mucorales ranged from 0.005 to 0.25%. The highest sterol abundances were obtained from the aquatic Saprolegniales while no sterols were detected in the 3 species of the order Peronosporales.

* In the above discussion, sterol concentrations are expressed as percentages based on the dry weight of the fungal tissue.

⁵ TANRET, C (1889) *Compt Rend* **108**, 98

⁶ GERARD, E (1892) *Compt Rend* **114**, 1541

⁷ GERARD, E (1895) *Compt Rend* **121**, 723

⁸ GERARD, E (1898) *Compt Rend* **126**, 909

⁹ GERARD, E (1895) *J Pharm Chem* **1**, 601

¹⁰ MACLEAN, I S and HOFFERT, D (1928) *Biochem J* **17**, 720.

¹¹ PREUSS, L M, PETERSON, W H, STEENBOCK, H and FRED, E B (1931) *J Biol Chem* **90**, 369

¹² PREUSS, L M, GORCIA, H J, GREEN, H C and PETERSON, W H (1932) *Biochem Z* **246**, 401

¹³ PREUSS, L M, EICHINGER, E C and PETERSON, W H (1934) *Ztschr Bakt II* **89**, 370

¹⁴ BERNHAUER, K and PATZELT, G (1935) *Biochem Z* **280**, 388

¹⁵ WENCK, P R, PETERSON, W H and GREEN, H C (1935) *Zentr Bakt II* **92**, 324

¹⁶ WENCK, P R, PETERSON, W H and FRED, E B (1935) *Zentr Bakt II* **92**, 330

¹⁷ VANGHELOVICI, M and SERBAN, F (1940) *Acadm Romana Bull Sect Sci Acad Roumaine* **22**, 287

¹⁸ VANGHELOVICI, M and SERBAN, II, F (1941) *Acad Romana Bull Sec Sci Acad Roumaine* **23**, 436

¹⁹ CAVALLITO, C J (1944) *Science*, **100**, 333

²⁰ ELLIS, W J (1945) *Australian Coun Sci Ind Res* **18**, 314

²¹ ANGELETTI, A and TAPPI, G (1947) *Gazz Chim Ital* **77**, 112

²² DULANEY, L M, STAPLEY, E O and SIMPF, K (1954) *Appl Microbiol* **2**, 371

²³ BILLS, C E, MASSENGALE, O N and PUCKETT, P S (1930) *J Biol Chem* **87**, 259

²⁴ APPLETON, G S, KIEBER, R J and PAYNE, W J (1955) *Appl Microbiol* **3**, 249

²⁵ BLANK, F, SHORLAND, F E and JUST, G (1962) *J Invest Dermat* **39**, 91

²⁶ HEIDUSCHKA, A and LINDNER, H (1929) *Z Physiol Chem* **181**, 15

²⁷ MCCORKINDALE, N J, HUTCHINSON, S A, PURSEY, B A, SCOTT, W T and WHEELER, R (1969) *Phytochemistry* **8**, 861

(*Phytophthora infestans*, *Pythium ultimum*, and *P. debaryanum*) examined Bean *et al*²⁸ found similar sterol concentrations in 4 additional aquatic phycomycete species (Table 1)

In spite of the recent advances in GLC the separation of closely related sterol mixtures from biological tissues remains a challenge for the analytical biochemist. Sterol extracts from biological materials are often composed of triterpene mixtures containing 4,4-dimethyl, 4 α -methyl, and 4-desmethyl sterols. The two former triterpene classes of compounds are generally intermediates in the formation of the 4-desmethyl sterols and are often found in lesser concentrations. In plant and fungal tissues the 4-desmethyl sterols are 3 β -hydroxy derivatives of the parent hydrocarbon cholestane (C₂₇) as well as ergostane (C₂₈) and stigmasterane (C₂₉) which differ from the C₂₇ hydrocarbon by a C₁ or C₂ substitution at the C-24 position in the side-chain, respectively. Derivatives of the C₂₈ and C₂₉ hydrocarbons are not produced by higher animal systems. Individual sterols vary according to the position and degree of unsaturation in the ring and side-chain structures.* It cannot be overemphasized that sterol identifications should be regarded as tentative unless combined methods such as GLC (using more than one liquid phase), GC-MS, NMR, IR, and others are used in their separation and identification.

The combined works by Bergmann^{30,31} and Fieser and Fieser³² outline the studies prior to 1959 concerning the sterols produced by fungal organisms. In his review of plant sterols, Bergmann³⁰ listed 64 fungal species for which ergosterol was shown to be one of the principal sterols. Table 1 includes the trivial and systematic names of sterols which have been reported as fungal products during the past several decades.

Phycomycetes

In 1969, McCorkindale and his associates²⁷ examined 22 phycomycete species using GLC and in some cases MS. Since the only fungi examined prior to that time were those having chitinous cell walls typical of higher fungi, these investigators selected representative species of the orders Saprolegniales and Leptomitales (cellulose cell walls) in addition to species of the order Mucorales (chitin cell walls). Of the 6 sterols identified in these fungi, only cholesterol was detected in each of the 3 taxonomic groups, but it was found in only 2 of the Mucorales species. Desmosterol, 24-methylcholesterol, and fucosterol were identified for the first time as fungal products in the Saprolegniales and Leptomitales species. In a similar study, Bean *et al*²⁸ identified cholesterol, 24-ethylcholesterol, 22-dehydrocholesterol, 24-methylcholesterol, and 24-ethyl-22-dehydrocholesterol as products of the aquatic fungi *Allomyces macrogynus*, *Rhizidiomyces apophysatus*, *Rhizophylctis rosea*, and *Hypochoytrium catenoides*. Only 2 or 3 of these sterols were found in each of these 4 species and no two species were qualitatively or quantitatively similar. In the Mucorales species,^{27,†} only

* Except in special instances, only the 3 β -OH sterol derivatives will be considered in this article, see Turner²⁹ for a comprehensive review of the fungal polyisoprenoid metabolites which contain hydroxyl, carboxyl, and keto groups as well as other structural modifications.

† (\pm *Mucor hiemalis*, \pm *Phycomyces blakesleeanus* and *Absidia glauca*, *M. dispersus*, *Rhizopus stolonifer*, *Mortierella rammaniana*, *Thamnidium elegans*, *Zygorhynchus moelleri*, *Syncephalastrum racemosum*, and *Cunninghamella echinulata*)

²⁸ BEAN, G. A., PATTERSON, G. W. and MOTTA, J. J. (1973) *Comp. Biochem. Physiol.* **43B**, 935.

²⁹ TURNER, W. B. (1971) in *Fungal Metabolites*, Academic Press, New York.

³⁰ BERGMANN, W. (1954) *Ann. Rev. Plant Physiol.* **4**, 383.

³¹ BERGMANN, W. (1962) in *Comparative Biochemistry* (FLORKIN, M. and MASON, H. S., eds), Vol. 111A, Academic Press, New York.

³² FIESER, L. F. and FIESER, M. (1959) *Steroids*, Reinhold, New York.

ergosterol and 22-dihydroergosterol were identified. *P. blakesleeanus* has also been examined by Goulston and Mercer³³ and Goulston *et al*³⁴ and, in addition to ergosterol, they identified ergosta- $\Delta^{5,7,24(28)}$ -trienol, lanosterol, 24-methylenelanosterol, and possibly 14-demethyl-24-methylene-lanosterol. The sterol components of the Mucorales species *R. arrhizus* were reported to be ergosterol, ergost- Δ^7 -enol (fungisterol), 5-dihydroergosterol, ergosta- $\Delta^{5,7,14}$ -trienol (tentatively identified) and several minor components which were not identified.³⁵ The sterol constituents of the sporangiospores from this organism were qualitatively the same as those of the mycelia and in similar relative concentrations. As mentioned above, no sterols have been detected in species belonging to the *Pythium* and *Phytophthora* genera.

Ascomycetes and Fungi Imperfecti

Of the class Ascomycetes, only the yeast sterols have been extensively examined and ergosterol appears to be the principal sterol of these fungi. In addition, lanosterol, 4 α -methyl-24-methylene-24-dihydrozymosterol, desmosterol, zymosterol, fecosterol, 24(28)-dehydroergosterol, cerevisterol (5,6-dihydroxyergosta- $\Delta^{7,22}$ -dienol), ergosterol peroxide (5 α ,8 α -epidioxyergosta- $\Delta^{6,22}$ -dienol), episterol, 22-dehydroergosterol, 5-dihydroergosterol, and ascosterol have also been identified as yeast products by various investigators.^{28,36} 5-Dihydroergosterol^{36,37} and fungisterol³⁸ have also been identified from extracts of *Claviceps purpurea*.

The Fungi Imperfecti have been examined to a limited extent and considerable variability in their sterol composition has been observed. Ergosterol is the most frequently encountered sterol in these fungi, but in some cases it is not the predominant sterol component. For example, both ergosterol³⁹ and 22-dihydroergosterol⁴⁰ have been reported by different investigators as the predominant sterol of *Aspergillus flavus*. Ergosterol was not detected in several species.

Several deuteromycetous fungi such as the dermatophytes *Epidermophyton floccosum*, *Trichophyton interdigitale*, *Microsporum audouinii*²⁵ also produce ergosterol as the major sterol constituent, while others contained lesser quantities of this sterol relative to another sterol component, brassicasterol (ergosta- $\Delta^{5,22}$ -dienol). In some species (*T. violaceum*, *T. discoides*, and *T. megnini*), however, only brassicasterol was detected. Other sterols identified as products of deuteromycetous fungi include cerevisterol (*Aspergillus phalloidis*),^{41,42} ergosterol peroxide,⁴³ lanosterol, 24-methylenelophenol and possible its Δ^8 isomer (*A. fumigatus*),³⁴ and 14-dehydroergosterol (*A. niger*).⁴⁴ Cholesterol was first identified as a fungal product as the only sterol component in extracts of *Penicillium funiculosum*.⁴⁵

Ergosterol peroxide has been reported as a fungal product by several investigators, but doubt as to its authenticity as a natural product has arisen by those who claim that it is an

³³ GOULSTON, G and MERCER, E I (1969) *Phytochemistry* **8**, 1945

³⁴ GOULSTON, G, GOAD, L J and GOODWIN, T W (1967) *Biochem J* **102**, 15C

³⁵ WEETE, J D, LASETER, J L and LAWLER, G C (1973) *Arch Biochem Biophys* **155**, 411

³⁶ WIELAND, H and BENEND, W (1943) *Ann Chem* **554**, 1

³⁷ BARTON, D H R and COX, J D (1948) *J Chem Soc* 1354

³⁸ TANRET, C (1908) *Compt Rend* **147**, 75

³⁹ VACHERON, M J and MICHEL, G (1968) *Phytochemistry* **7**, 1645

⁴⁰ RAINBO, G W and BEAN, G A (1973) *Phytopathology* (abstr.) in press

⁴¹ WIELAND, H and COUTELLE, G (1941) *Ann Chem* **548**, 270

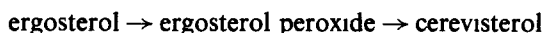
⁴² ALT, G H and BARTON, D H R (1954) *J Chem Soc* 1356

⁴³ WIELAND, P and PRELOG, V (1947) *Helv Chim Acta* **30**, 1028

⁴⁴ BARTON, D H R and BRUUN, T (1951) *J Chem Soc* 2728

⁴⁵ CHEN, Y S and HASKINS, R H (1962) *Can J Chem* **41**, 1647

oxidation product and artifact of the experimental procedures^{43,46-52} Adam *et al*⁵³ contends that this compound is an experimental artifact because it could only be detected in extracts of *Piploporus betulinus* and *Daedalea quercina* sporophores which had been exposed to daylight for several days and not in fresh extracts. Similar results were obtained by Vacheron and Michel³⁹ who also identified the peroxide as well as cerevisterol which is another sterol thought to be a product of the experimental procedures. They suggested that the photo-reaction sequence may proceed as follows



It should also be pointed out that ergosterol peroxide has been reported as an intermediate formed in the conversion of lanosterol to ergosterol by yeast and will be discussed in more detail below

Basidiomycetes

Few mushroom fungi have been examined for their sterol composition. A crystalline material was isolated from *D. quercina* and called neosterol,^{54,55} but was later identified as a mixed crystal of ergosterol (75.5%) and 5-dihydroergosterol (24.5%)^{46,47}. These investigators also isolated ergosterol peroxide from the same species. Ergosterol has also been identified in lipid extracts from *Clavatia gigantea*, *Chilocybe illudens*⁵⁶ and *Tricholoma rudum*²¹ by using non-specific analytical methods. Milazzo⁵⁷ reported that ergosterol was produced by fourteen basidiomycete fungi which cause white and brown rot. Recently, Holtz and Schisler⁵⁸ identified ergosterol, fungisterol and 22-dihydroergosterol in extracts of the common edible mushroom *Agaricus campestris*. It is interesting to note that no ergosterol was detected in the bracket fungus, *Fomes applanatus* of the Polyporaceae, but (24*S*)-5*α*-dihydroergosterol and the corresponding ketone (24*S*)-5*α*-ergosta- $\Delta^{7,22}$ -dien-3-one) were identified.⁵⁹ In a more recent study, Strigina *et al*⁶⁰ were also unable to detect ergosterol in this organism, but they identified two sterols, (24*S*)-24-methyl-5*α*-cholest-7-ene-3 β -ol (5*α*-ergost- Δ^5 -enol) and (24*S*)-24-methyl-5*α*-cholesta-7,16-diene-3 β -ol (5*α*-ergosta- $\Delta^{7,16}$ -dienol). This is the first report of a Δ^{16} sterol in a biological system. A minor component was also detected but was not identified.

The heterobasidiomycetous fungi have been examined to a more limited extent, that is, the sterol composition of uredospores of only two species of rust fungi have been reported. Hougen *et al*⁶¹ identified ergost- Δ^7 -enol (fungisterol) as the only sterol component of wheat stem rust (*Puccinia graminis tritici*) spores. Other investigators identified ergost- Δ^7 -enol or

⁴⁶ BREIVAK, O. N., OWADES, J. L. and LIGHT, R. F. (1954) *J. Org. Chem.* **19**, 1734

⁴⁷ PETZOLDT, K., KUHN, M., BLANKE, E., KIESLICH, K. and KASPAR, E. (1967) *Ann. Chem.* **709**, 203

⁴⁸ TANAHASHI, Y. and TAKAHASHI, T. (1966) *Bull. Chem. Soc. (Japan)* **39**, 848

⁴⁹ CAMBIE, R. C. and LEQUESNE, P. (1966) *J. Chem. Soc. C*, 72

⁵⁰ CLARKE, S. M. and MCKENZIE, M. (1967) *Nature* **213**, 504

⁵¹ HAMILTON, J. G. and CASTREJON, R. N. (1966) *Fed. Am. Soc. Exp. Biol.* **25**, 221

⁵² HAMILTON, J. G. and CASTREJON, R. N. (1966) *Federation Proc.* **25**, 221

⁵³ ADAM, H. K., CAMBELL, I. M. and MCCORKINDALE, N. J. (1967) *Nature* **216**, 397

⁵⁴ WEILAND, H. and ASANO, M. (1929) *Ann.* **473**, 300

⁵⁵ WEILAND, H. and HESSE, H. (1941) *Ann.* **548**, 34

⁵⁶ BENTLEY, R., LAVATE, W. V. and SWEETLEY, C. C. (1964) *Comp. Biochem. Physiol.* **11**, 263

⁵⁷ MILAZZO, F. H. (1965) *Can. J. Botany* **43**, 1347

⁵⁸ HOLTZ, R. B. and SCHISLER, L. C. (1972) *Lipids* **7**, 251

⁵⁹ PETTIT, G. R. and KNIGHT, J. C. (1962) *J. Org. Chem.* **27**, 2696

⁶⁰ STRIGINA, L. I., ELKIN, Y. N. and ELYAKOV, G. B. (1971) *Phytochemistry* **10**, 2361

⁶¹ HOUGEN, F. W., CRAIG, B. M. and LEDINGHAM, G. A. (1958) *Can. J. Microbiol.* **4**, 521

TABLE 1 4,4-DIMETHYL-, 4 α -METHYL-, AND 4-DESMETHYL STEROLS IDENTIFIED IN LIPID EXTRACTS FROM FUNGAL ORGANISMS

Compound No	Sterol (Common name) (systematic name)	Organism†	Converted to *† ergosterol
II	Lanosterol (lanosta- Δ^8 24-dienol)	Yeast ⁸⁰ others, <i>Phycomyces blakesleeianus</i> ³³	+ 88 others
III	24-Methylene-24-dihydrolanosterol (24-methyl-lanosta- Δ^8 , 24(28)-dienol)	<i>P. blakesleeianus</i> ³³	+ 132
IV	4 α -Methyl-24-methylene-24-dihydrozymosterol (4 α -methyl-ergosta- Δ^8 24(28)-dienol)	<i>Saccharomyces cerevisiae</i> ¹¹²	+ 112
V	24-Methylenelophenol (4 α -methyl-ergosta- Δ^7 24(28)-dienol)	<i>Aspergillus fumigatus</i> ³³	
VI	Fecosterol (ergosta- Δ^8 24(28)-dienol)	Yeast ¹⁸² 183	
VII	— (ergosta- Δ^5 7 24(28)-trienol)	<i>P. blakesleeianus</i> ³³	
VIII	14-Dehydroergosterol (ergosta- Δ^5 7 14 22-tetraenol)	<i>A. niger</i> ⁴⁴	
IX	24(28)-Dehydroergosterol (ergosta- Δ^5 , 7 22 24(28)-tetraenol)	Yeast ⁴⁶ 47	+ 184
X	— (ergosta- Δ^5 , 7 14-trienol)	<i>Rhizopus arrhizus</i> ¹⁵	
XI	24-Methylenecholesterol (ergosta- Δ^5 24(28)-dienol)	Aquatic phycomycetes ²⁷	
XII	24-Methylcholesterol (ergost- Δ^5 -enol)	<i>Rhizidiomyces apophysatus</i> ²⁸ <i>Hypochoytrium catenoides</i> ²⁸	
XIII	Fungisterol (ergost- Δ^7 -enol)	<i>R. arrhizus</i> , ³⁵ <i>Ganaderma applanatum</i> (Fomes applanatus) ⁶⁰ <i>Puccinia graminis</i> ⁶¹	+ 152
XIV	22-Dihydroergosterol (ergosta- Δ^5 7-dienol)	Yeast, ¹⁸² 183 <i>Phycomycetes</i> , ²⁷ <i>Polyporus paragamenus</i> ¹⁸⁵	
XV	5-Dihydroergosterol (ergosta- Δ^7 22-dienol)	Yeast, ³⁶ 37 <i>Claviceps purpurea</i> , <i>Daedalea quercina</i> , ⁴⁷ <i>Fomes applanatus</i> , ⁵⁸ <i>R. arrhizus</i> , ³⁵ <i>Polyporus pinicola</i> ¹⁸⁶	+ 172
XVI	Episterol (ergosta- Δ^7 24(28)-dienol)	Yeast ³³ 182	+ 33
XVII	— (ergosta- Δ^7 , 16-dienol)	<i>G. applanatum</i> ⁶⁰	
XVIII	Brassicasterol (ergosta- Δ^5 22-dienol)	Certain dermatophytes ²⁵	
XIX	Ascosterol (ergosta- Δ^8 23-dienol)	Yeast ¹⁸² 183	
XX	Fucosterol (24-ethylidene cholesterol) (stigmast- Δ^5 24(28)-enol)	<i>R. apophysatus</i> , ²⁸ <i>H. catenoides</i> , ²⁸ other aquatic phycomycetes ²⁷	
XXI	Stigmasterol (stigmasta- Δ^5 22-dienol)	<i>Pullularia pullulans</i> ¹⁸⁷ , <i>H. catenoides</i> ²⁸	
XXII	— (stigmast- Δ^7 -enol)	<i>Melampsora lini</i> ⁶³	
XXIII	— (stigmasta- Δ^7 24(28)-dienol)	<i>M. lini</i> ⁶³	
XXIV	— (stigmasta- Δ^5 , 7-dienol)	<i>M. lini</i> ⁶³	

TABLE 1—continued

Compound No	Sterol (Common name) (systematic name)	Organism†	Converted to *† ergosterol
XXV	Cholesterol (cholest- Δ^5 -enol)	Certain aquatic phycomycetes ^{27,28} <i>Penicillium funiculosum</i> ⁴⁵	
XXVI	Desmosterol (cholesta- Δ^5 24-dienol)	Yeast, certain aquatic phycomycetes ²⁷	
XXVII	Zymosterol (cholesta- Δ^8 24-dienol)	Yeast ¹⁸²	
XXVIII	22-Dehydrocholesterol (cholesta- Δ^5 22-dienol)	<i>Rhizophlyctis rosea</i> ²⁸	
XXIX	Ergosterol (ergosta- Δ^5 7 22-trienol)	All fungi except certain aquatic phycomycetes and rust spores	
XXX	Ergosta- $\Delta^{8(9)}$ 22-dienol	Yeast ¹⁵⁵	+ ¹⁵⁵

* Other potential ergosterol synthesis precursors, which have not been reported as naturally occurring, can be incorporated into the $\Delta^{5,7,22}$ triene sterol by fungal systems and are included in the biosynthesis section of the text

† References are given as superscripts

¹⁸² BARTON, D H R and COX, J D (1949) *J Chem Soc* 214

¹⁸³ WIELAND, H, RATH, F and HESSE, H (1941) *Ann Chem* **548**, 34

¹⁸⁴ HAMMAM, A S H (1966) Ph D Thesis, University College of Wales, Aberystwyth

¹⁸⁵ ALT, G H and BARTON, D H R (1952) *Chem Ind (London)* **45**, 1103

¹⁸⁶ HALSALL, T G and SAYER, G C (1959) *J Chem Soc* 2031

¹⁸⁷ MERDINGER, E, KOHN, P and MCCLAIN, R C (1968) *Can J Microbiol* **15**, 1021

stigmasterol, cholesterol, an unknown sterol, and larger amounts of stigmast- Δ^7 -enol from uredospores of this same species by GLC retention times ⁶² Wheat leaf sterols were cholesterol, campesterol, stigmasterol, and sitosterol which are typical of most higher plant systems. Although traces of higher plant sterols may have been present in the spore materials, the lack of similarity in the sterol constituents in these two tissues suggests that sterols isolated from the uredospores are fungal products. Further studies involving rust uredospores revealed that the two principal sterols of *Melampsora lini* (flax rust) are stigmast- Δ^7 -enol and stigmasta- $\Delta^{7,24(28)}$ -dienol, with stigmasta- Δ^5 7-dienol being found in lesser relative concentrations ⁶³ These studies also revealed that sterols were located intracellularly rather than on the spore surface. It is interesting to note that ergosterol has not been identified in the rust fungi. Now that the methods are being developed for the growth of axenic cultures of smut and rust fungi on synthetic media, it will be interesting to compare the sterol composition of these tissues with other fungi which are grown readily in culture.

Fungisterol has been found in several fungi⁶⁴ but it is generally associated with larger amounts of ergosterol ⁴¹ There is some confusion in the literature concerning the structure of the sterol designated as fungisterol. Saito⁶⁵ isolated and identified ergosta- $\Delta^{6,8}$ 22-trienol from *Penicillium chrysogenum* and named it fungisterol, but Tanret³⁸ first used this trivial name in reference to ergost- Δ^7 -enol isolated from ergot and it is used this way in this article.

⁶² NOWAK, R, KIM, W K and ROHRINGER, R (1972) *Can J Botany* **50**, 185

⁶³ JACKSON, L L and FREAR, D S (1968) *Phytochemistry* **7**, 654

⁶⁴ HALSALL, T G and SAYER, G C (1959) *J Chem Soc* 2031

⁶⁵ SAITO, A (1953) *J Fermentation Technol (Japan)* **31**, 328

BIOSYNTHESIS OF ERGOSTEROL

The formation of sterols by both plant and animal systems occurs through four principal stages (a) conversion of acetate to mevalonate, (b) conversion of mevalonate to squalene, (c) cyclization of squalene, and (d) conversion of the first cyclic intermediate (cycloartenol or lanosterol) to the 4-desmethyl sterol products. In recent years, the biosynthesis of phyto-sterols and cholesterol in animals have been comprehensively reviewed,⁶⁶⁻⁷⁵ and it appears that the same principal intermediates are involved in the formation of polyisoprenoids by representative species of these groups. The decarboxylation of mevalonate, which is formed by way of activated acetate condensation and structural modification, leads to the formation of the basic five-carbon isoprene skeleton in the form of isopentenyl (Ia) and dimethylallyl (Ib) pyrophosphate. Subsequent isoprenoid condensations, through the phosphorylated derivatives of geranol and farnesol, gives rise to the C₃₀ hydrocarbon squalene which then undergoes cyclization to a tetracyclic 4,4-dimethyl sterol having a 3 β -hydroxyl function. 4-Desmethyl sterols such as cholesterol are then formed by way of 4 α -methyl sterol intermediates. These same principal intermediates are also involved in the biosynthesis of ergosterol by fungi. The yeast have been the most extensively studied fungi in this area while our knowledge of ergosterol formation by mycelial forms is considerably limited. It now appears, however, that an interest in the composition and biosynthesis of fungal sterols is rapidly evolving. In the remaining paragraphs of this section, the final stages* of ergosterol formation as it is believed to occur in fungal systems are outlined and discussed while certain aspects of plant and animal sterol biosynthesis are included for comparison.

First-cyclic Intermediate

As is the case with cholesterol formation in animals, the first cyclic intermediate in the formation of ergosterol by fungi is lanosterol. It is now generally accepted, however, that the 9 β ,19-cyclopropane derivative of lanosterol, cycloartenol, is the first cyclic intermediate in the synthesis of phytosterols.⁷⁶⁻⁷⁸ Lanosterol has been identified in only a few higher plant species,⁷³ yet cycloartenol has not been reported as a fungal product and could not be found in yeast.⁷⁹ Lanosterol was first identified from a fungal source (yeast) by Wieland and Stanley⁸⁰ who called it cryptosterol and then later by others.⁸¹⁻⁸³ Since that time,

* Lanosterol \rightarrow ergosterol, in the subsequent discussions, ergosterol will be considered the final 4-desmethyl product of lanosterol metabolism in fungi although some species do not produce this sterol and it is not predominant in others.

⁶⁶ BLOCH, K (1952) *Harvey Lectures* **48**, 68

⁶⁷ CORNFORTH, J W (1959) *J Lipid Res* **1**, 3

⁶⁸ HEFTMANN, E and MOSELTIG, E (1960) in *Biochemistry of Steroids*, Reinhold, New York

⁶⁹ CLAYTON, R B (1965) *Quart Rev (London)* **19**, 168

⁷⁰ BLOCH, K (1965) *Science* **150**, 19

⁷¹ POPIAK, G and CORNFORTH, J W (1966) *Biochem J* **101**, 553

⁷² FRANTZ, I O and SCHROEPFER, G J (1967) *Ann Rev Biochem* **56**, 691

⁷³ GOAD, L J (1967) in *Terpenoids in Plants* (PRIDHAM, J B, ed), Academic Press, New York

⁷⁴ GOODWIN, T W (1971) *Biochem J* **123**, 293

⁷⁵ SCHROEPFER, JR, G J, LUTSKY, B N, MARTIN, J A, HUNTOON, S, FOURCANS, B, LEE, W H and VERMITION, J (1972) *Proc R Soc (London)* **180**, 113

⁷⁶ VON ARDENNE, M, OSSKE, G, SCHREIBER, K, STEINFELDFER, K and TUMMLER, R (1965) *Kulturpflanze* **13**, 102

⁷⁷ BENVENISTE, P, HIRTH, L, OURISSON, G and SEANCES, C R, (1964) *Acad Agr Fr* **259**, 2284

⁷⁸ GOAD, L J and GOODWIN, T W (1966) *Biochem J* **99**, 735

⁷⁹ PONSINET, G and OURISSON, G (1965) *Bull Soc Chem Fr* 3682

⁸⁰ WIELAND, H and STANLEY, W M (1931) *Ann Chem* **489**, 31

⁸¹ WIELAND, H, PASEDACH, H, and BALLAUF, A (1937) *Ann Chem* **529**, 68

⁸² RUZICKA, L, DENSS, R and JEGER, O (1945) *Helv Chim Acta* **28**, 759

⁸³ RUZICKA, L, DENSS, R and JEGER, O (1946) *Helv Chim Acta* **29**, 204

lanosterol has been identified in several other fungal species^{34,81-84} The formation of lanosterol by yeasts has also been demonstrated^{85,86} and more recently the squalene-2,3-oxide cyclase responsible for its formation has been isolated from *Phycomyces blakesleeianus*⁸⁷ Schwenk and Alexander⁸⁸ have also shown that lanosterol is a precursor to 4-desmethyl sterols in yeast by showing that it can be incorporated into ergosterol

The metabolism of lanosterol by animal systems leads principally to the production of cholesterol, while it is converted to ergosterol by most fungal species During this conversion, certain general reactions are common to both animal and fungal systems: (a) loss of the C-4 and C-14 methyl groups, (b) reduction of the C-24 double bond, and (c) a series of nuclear double-bond shifts There are two additional reactions, however, that occur in the formation of ergosterol which do not occur in the animal systems, i.e. introduction of a methyl group at C-24 and formation of a Δ^{22} double bond in the sterol side-chain With the addition of a reaction that opens the 9β , 19-cyclopropane ring of cycloartenol, the above reactions also occur in green plants during the formation of 4-desmethyl sterols

Demethylation Reactions

Olsen *et al*⁸⁹ reported that 3 moles of carbon dioxide were liberated per mole of cholesterol formed from lanosterol The demethylation reaction mechanism was first thought to involve an initial mixed function hydroxylation of the methyl group, stepwise dehydrogenation (oxidized pyridine nucleotide-dependent) of the resulting hydroxymethyl and formyl groups and decarboxylation of the resulting carboxylic acid⁸⁹⁻⁹⁴ More recently, Miller *et al*⁹⁵ have presented evidence for the presence of an aerobic pathway involving the stepwise oxidations of methyl, hydroxymethyl, and formyl groups by reduced pyridine nucleotide-dependent oxidases as the quantitatively important demethylation reaction mechanism occurring in rat liver Moore and Gaylor⁹⁶ described the properties of a yeast microsomal preparation which contains sterol demethylase activity and compared them to those of mammalian tissues (liver, skin, and testes) The yeast system closely resembled the mammalian tissues in that stoichiometric amounts of ^{14}C -labeled carbon dioxide were liberated from lanosterol in its conversion to a C_{27} sterol and required glutathione, NAD^+ , and a neutral pH The two systems differed, however, in that the yeast system was incapable of demethylating Δ^7 -sterols and was stimulated by Mg^{2+} which could be substituted by *S*-adenosylmethionine The latter characteristic was thought to be related to the transmethylation (see below) reaction which does not occur in higher animal systems

The two C-4 methyl groups appear to be sequentially removed⁹¹ Since 4 α - rather than the 4 β -sterols were more commonly found in nature, it first appeared that the 4 β -methyl

⁸⁴ LUDWICZAK, R. S. and WRZECIONO, U. (1960) *Roczn. Chem.* **34**, 77

⁸⁵ SCHWENK, E., ALEXANDER, G. J., FISH, C. A. and STOUT, T. H. (1955) *Fed. Proc.* **14**, 752

⁸⁶ KODICEK, E. in *CIBA Foundation Symposium on the Biosynthesis of Terpenes and Sterols*, p. 173, Churchill, London

⁸⁷ MERCER, E. I. and JOHNSON, M. W. (1969) *Phytochemistry* **8**, 2329

⁸⁸ SCHWENK, E. and ALEXANDER, G. J. (1958) *Archs. Biochem. Biophys.* **76**, 65

⁸⁹ OLSEN, JR., J. A., LINDBERG, M. and BLOCH, K. (1957) *J. Biol. Chem.* **226**, 941

⁹⁰ BLOCH, K. (1965) *Science* **150**, 19

⁹¹ MILLER, W. L., KALAFA, M. E., GAYLOR, J. L. and DELWICHE, C. V. (1967) *Biochemistry* **6**, 2673

⁹² OLSEN, JR., J. A. (1965) *Ergeb. Physiol.* **56**, 173

⁹³ CLAYTON, R. B. (1965) *Quart. Rev. Biol.* **19**, 168

⁹⁴ GAYLOR, J. L. (1964) *J. Biol. Chem.* **239**, 756

⁹⁵ MILLER, W. L., BRADY, D. R. and GAYLOR, J. L. (1971) *J. Biol. Chem.* **246**, 5147

⁹⁶ MOORE, J. T. and GAYLOR, J. L. (1968) *Arch. Biochem. Biophys.* **124**, 167

group was the first oxidized Rahman *et al*⁹⁷ and Sharpless *et al*^{98 99} have recently demonstrated, however, that the 4 α -methyl group is removed first and this reaction is followed by a 4 β -methyl epimerization. The same series of reactions occurred in plant tissues when cycloartanol was converted to 31-norcycloartanol by the fern *Polypodium vulgare*¹⁰⁰

The participation of a 3-keto steroid in the C-4 demethylation reactions has been known for some time^{89 91,101-103} Clayton and his associates^{96 98} have presented evidence that the 3-keto group is essential for the epimerization reaction (4 β \rightarrow 4 α) which occurs following the loss of the carbon dioxide formed from the original 4 α -methyl group. This is further supported by Rahimtula and Gaylor¹⁰⁴ who found that 4 α -carboxylic acids produced from 4 α -methyl sterols by a partially purified rat liver microsomal enzyme were further metabolized to carbon dioxide and the 3-ketosteroid. The ketone is subsequently converted to the alcohol by a 3-ketoreductase which requires NADPH. This reduction appears to be necessary before oxidation of the second C-4 methyl group can occur.

Until recently, the proposed hydroxymethyl and carboxyl intermediates in the demethylation reaction sequence leading to the formation of 4-desmethyl sterols had not been isolated from a biological system. The strongest experimental evidence for these compounds being intermediate in the demethylation of lanosterol was that, when chemically synthesized and added to cell-free systems, they could be converted to cholesterol.⁷⁵ Miller and Gaylor^{105,106} have now shown that a rat liver microsomal system is capable of converting 4 α -methyl and 4,4-dimethyl sterols to the corresponding 4 α -carboxylic and 4 β -methyl-4 α -carboxylic acids, respectively. Hornby and Boyd¹⁰⁷ have identified 4 β -methyl-5 α -cholesten-4 α -carboxylic acid in a similar system. The carboxylic acid structures have been confirmed by MS.

In animals and fungi, the 14 α -methyl appears to be the first removed in the demethylation reaction sequence. This is based on the fact that, aside from lanosterol, no 14 α -methyl sterols have been isolated and identified from these organisms and that 14-demethyl-lanosterol could be converted to cholesterol.^{108,109} It is significant to note, however, that Gustafsson *et al*¹¹⁰ found 4 α ,14 α -dimethyl-cholest- Δ^8 -3 β -ol and 4 α ,14 α -dimethyl-cholest- Δ^7 -3 β -ol as components of human meconium. The demethylase enzyme appears to be relatively non-specific since 14 α -methyl-cholest- Δ^7 -enol can be converted to cholesterol¹¹¹ and 4,14 α -dimethyl-cholesta- Δ^8 ,24-dienol can be converted to ergosterol by yeast.¹¹²

The presence of 14 α -methyl sterols such as cycloeucalenol, pollinasterol, and macdougalin

⁹⁷ RAHMAN, R., SHARPLESS, K. B., SPENCER, T. A. and CLAYTON, R. B. (1970) *J Biol Chem* **245**, 2667

⁹⁸ SHARPLESS, K. B., SNYDER, T. E., SPENCER, T. A., MAKESHWARI, K. K., GUHN, G. and CLAYTON, R. B. (1968) *J Am Chem Soc* **90**, 6874

⁹⁹ SHARPLESS, K. B., SNYDER, T. E., SPENCER, T. A., MAKESHWARI, K. K., NELSON, J. A. and CLAYTON, R. B. (1969) *J Am Chem Soc* **91**, 3394

¹⁰⁰ GHISALBERTI, E. L., DESOUSA, N. J., REES, H. H., GOAD, L. J. and GOODWIN, T. W. (1969) *Chem Commun* 1403

¹⁰¹ LINDBERG, M., GAUTSHI, F. and BLOCH, K. (1963) *J Biol Chem* **238**, 1661

¹⁰² BLOCH, K. (1959) in *Biosynthesis of Terpenes and Sterols* (WOLSTENHOLME, G. E. W. and O'CONNOR, M., eds.), p. 4, CIBA Foundation Symposium, Little Brown Company, Boston

¹⁰³ SUMDELL, A. C. and GAYLOR, J. L. (1968) *J Biol Chem* **243**, 5546

¹⁰⁴ RAHIMTULA, A. D. and GAYLOR, J. L. (1972) *J Biol Chem* **247**, 9

¹⁰⁵ MILLER, W. L. and GAYLOR, J. L. (1970) *J Biol Chem* **245**, 5369

¹⁰⁶ MILLER, W. L. and GAYLOR, J. L. (1970) *J Biol Chem* **245**, 5375

¹⁰⁷ HORNBY, G. M. and BOYD, G. S. (1970) *Biochem Biophys Res Commun* **40**, 1452

¹⁰⁸ GAUTSCHI, F. and BLOCH, K. (1957) *J Am Chem Soc* **79**, 684

¹⁰⁹ GAUTSCHI, F. and BLOCH, K. (1958) *J Biol Chem* **233**, 1343

¹¹⁰ GUSTAFSSON, J. A. and ENEROTH, P. (1972) *Proc Royal Soc (London)* **180B**, 179

¹¹¹ KNIGHT, J. C., KLEIN, P. D. and SZCZEPANIK, P. A. (1966) *J Biol Chem* **241**, 1502

¹¹² BARTON, D. H. R., HARRISON, D. M. and WIDDOWSON, D. A. (1968) *Chem Commun* 17

in several plant species suggests, however, that less preference is given this methyl group as the first site of oxidation in the demethylation sequence by these systems. Clayton⁶⁹ proposed that demethylation of the 14 α -methyl group in plants is hindered by the 9 β ,19-cyclopropane ring or lack of the $\Delta^{8(9)}$ double bond of cycloartenol. It is also interesting to note that the green alga *Chlorella emersonii* accumulates 14 α -methyl-5 α -ergosta- Δ^8 -24(28)-dienol and 14 α -methyl-5 α -ergosta- Δ^8 -enol when treated with the hypocholesterolemic agent triparanol.¹¹³

Until recently, little attention has been given to the C-14 methyl removal and, hence, the mechanisms of this demethylation reaction are not well understood. It has been assumed that this methyl group is converted to carbon dioxide by the dehydrogenation or oxidation reactions responsible for the C-4 methyl removal. However, a recent finding shows that, unlike the C-4 methyl removal, the 32-carbon atom of lanosterol in cholesterol biosynthesis occurs at the aldehyde state of oxidation resulting in the release of formic acid.¹¹⁴ It was also shown that one of the C-15 hydrogen atoms is lost during the lanosterol to cholesterol conversion¹¹⁵⁻¹¹⁷ and that it is the α -hydrogen which is lost in the analogous reaction in plants.¹¹⁸ This strongly suggests that a Δ^{14} product may result from the C-14 demethylation.

It has been shown that sterols containing the Δ^{14} double bond can be biologically reduced (at the C-15 position) by a *trans* hydrogen of NADPH and a proton from water.¹¹⁹ Further evidence for the participation of Δ^{14} sterols in the formation of cholesterol has been presented through the use of the drug AY-9944. This compound inhibits the Δ^{14} reduction resulting in accumulation of Δ^{14} sterols which are potential intermediates in cholesterol biosynthesis. Similar results were obtained by Dickson and Patterson¹²⁰ who identified ergosta- $\Delta^{8,14}$ -dienol, (24*S*)-stigmasta- $\Delta^{8,14}$ -dienol, 4 α -methyl-ergosta- $\Delta^{8,14}$ -dienol and 4 α -methyl-(24*S*)-stigmasta- $\Delta^{8,14}$ -dienol from the green alga *Chlorella ellipsoidea* grown in media containing 4 ppm of AY-9944. Akhtar *et al.*¹²¹ found that yeast also contains the enzyme capable of reducing the Δ^{14} double bond of ergosta- $\Delta^{8,14}$ -dienol and converting it to ergosterol.

These results coupled with the reports of Δ^{14} sterols in higher plant¹²² and fungal tissues^{35,44} lends further support to the presence of a pathway containing Δ^{14} sterol derivatives as intermediates in cholesterol and ergosterol formation (see Scheme 2C, below).

Reduction of the Δ^{24} Double Bond and C-24 Alkylation

There are two possible ways in which the Δ^{24} double bond is reduced in the conversion of lanosterol to 4-desmethyl sterols. The Δ^{24} double bond can be reduced by the addition of hydrogen atoms at the C-24 and C-25 positions of the sterol side chain. Studies on the biosynthesis of cholesterol by animal systems have shown that the reduction of lanosterol to

¹¹³ DOYLE, P. J., PATTERSON, G. W., DUTKY, S. R. and COHEN, C. F. (1971) *Phytochemistry* **10**, 2093.

¹¹⁴ ALEXANDER, K., AKHTAR, M., BOAR, R. B., MCGHIE, J. F. and BARTON, D. H. R. (1972) *Chem. Commun.* 383.

¹¹⁵ CANONICA, L., FIECCHI, A., KIENLE, M. G., SCALA, A., GALLI, G., PAOLETTI, E. G. and PAOLETTI, R. (1968) *J. Am. Chem. Soc.* **90**, 3597.

¹¹⁶ AKHTAR, M., WATKINSON, I. A., RAHIMTULA, A. D., WILTON, D. C. and MUNDAY, K. A. (1968) *Chem. Commun.* 1406.

¹¹⁷ AKHTAR, M., RAHIMTULA, A. D., WATKINSON, I. A., WILTON, D. C. and MUNDAY, K. A. (1969) *European J. Biochem.* **9**, 107.

¹¹⁸ GIBBONS, G. F., GOAD, L. J. and GOODWIN, T. W. (1968) *Chem. Commun.* 1458.

¹¹⁹ BERSEUS, O. (1965) *Acta Chem. Scand.* **19**, 325.

¹²⁰ DICKSON, L. G. and PATTERSON, G. W. (1972) *Lipids* **7**, 635.

¹²¹ AKHTAR, M., BROOKS, W. A. and WATKINSON, I. A. (1969) *Biochem. J.* **115**, 135.

¹²² FROST, D. J. and WARD, J. P. (1970) *Rec. Trav. Chim.* **89**, 1054.

24-dihydrolanosterol involves a stereospecific^{119,123} addition of hydrogen by a microsomal NADPH dependent enzyme^{124,125}. The point at which this reduction takes place in the metabolism of lanosterol to cholesterol relative to the demethylation reactions and nuclear double bond shifts is uncertain. Since sterols such as cholesterol were only recently reported as fungal products, this reaction has not been studied in the fungi.

The conversion of lanosterol to C₂₈ sterols by fungi involves an alkylation at the C-24 position. Using ¹⁴C-labeled substrates, it was found that the C-28 alkyl group of ergosterol did not arise from acetate¹²⁶. Methionine was found to be an efficient methyl donor¹²⁷⁻¹³⁰ while S-adenosylmethionine was shown to be the most efficient and probable immediate donor^{131,132} in yeast. A microsomal bound S-adenosylmethionine-dependent- Δ^{24} -sterol transmethylase has recently been isolated from yeast¹³³. This enzyme catalyzes electrophilic transfer of a C₁ group from a positively charged donor (S-adenosylmethionine) to an electron-rich site such as the Δ^{24} -double bond of the sterol side-chain¹³⁴. An analogous reaction occurs in green plants in the conversion of cycloartenol to 4-desmethyl sterols.

Lederer^{135,136} has comprehensively reviewed the investigations on the mechanism of alkylation as it occurs in plant and fungal systems (Scheme 1). In the first studies to determine the mechanism of transmethylation in yeast, Alexander and Schwenk¹²⁸ found that the tritiated S-methyl group of methionine was transferred intact to the C-24 position. Since the possibility of a hydrogen-isotope effect existed, Jaurequiberry *et al*¹³⁷ re-investigated the alkylation reaction mechanism and found that ergosterol produced by a methionine-less strain of *Neurospora crassa* grown in the presence of deuterated S-methylmethionine contained only two of the three original deuterium atoms of CD₃ (Scheme 1B \rightarrow C). Similar results obtained from studies with *Blakeslea trispora*, *Polyporus sulphureus* and a yeast combined with the reports of 24-methylene sterol derivatives reported for several fungi lends further support for this mechanism. Furthermore, 24-methylene-lanost- Δ^8 -enol can be converted to ergosterol by yeast and *P. sulphureus*^{138,139}.

The formation of ergostane derivatives by algae may not proceed via the same mechanism. Tomita and his associates¹⁴⁰ demonstrated that the deuterated methyl of [CD₃] methionine was transferred intact in the formation of ergost- Δ^7 -enol by the green alga *Chlorella vulgaris*. This suggests that 24-methylene derivatives are not precursors to C₂₈ sterols in this organism (Scheme 1A) and possibly other algae.

¹²³ MITROPOULOS, K. A. and MYANT, N. B. (1965) *Biochem J* **97**, 26C

¹²⁴ AVIGAN, J., GOODMAN, D. S. and STEINBERG, D. (1963) *J Biol Chem* **238**, 1283

¹²⁵ GAYLOR, J. L. (1963) *Arch Biochem Biophys* **101**, 108

¹²⁶ HANAHAN, D. J. and WAKIL, S. J. (1953) *J Am Chem Soc* **75**, 273

¹²⁷ ALEXANDER, G. J. and SCHWENK, E. (1957) *J Am Chem Soc* **79**, 4554

¹²⁸ ALEXANDER, G. J. and SCHWENK, E. (1958) *J Biol Chem* **232**, 611

¹²⁹ ALEXANDER, G. T., GOLD, A. M. and SCHWENK, E. (1957) *J Am Chem Soc* **79**, 2967

¹³⁰ ALEXANDER, G. T., GOLD, A. M. and SCHWENK, E. (1958) *J Biol Chem* **232**, 599

¹³¹ PARKS, L. W. (1958) *J Am Chem Soc* **80**, 2023

¹³² TURNER, J. R. and PARKS, L. W. (1965) *Biochem Biophys Acta* **98**, 394

¹³³ MOORE, JR., J. T. and GAYLOR, J. L. (1969) *J Biol Chem* **244**, 6334

¹³⁴ VAN ALLER, R. T., CHIKAMATSU, H., DESOUSA, N. J., JOHN, J. P. and NES, W. R. (1969) *J Biol Chem* **244**, 6645

¹³⁵ LEDERER, E. (1964) *Biochem J* **93**, 449

¹³⁶ LEDERER, E. (1969) *Q Rev Chem Soc* **23**, 453

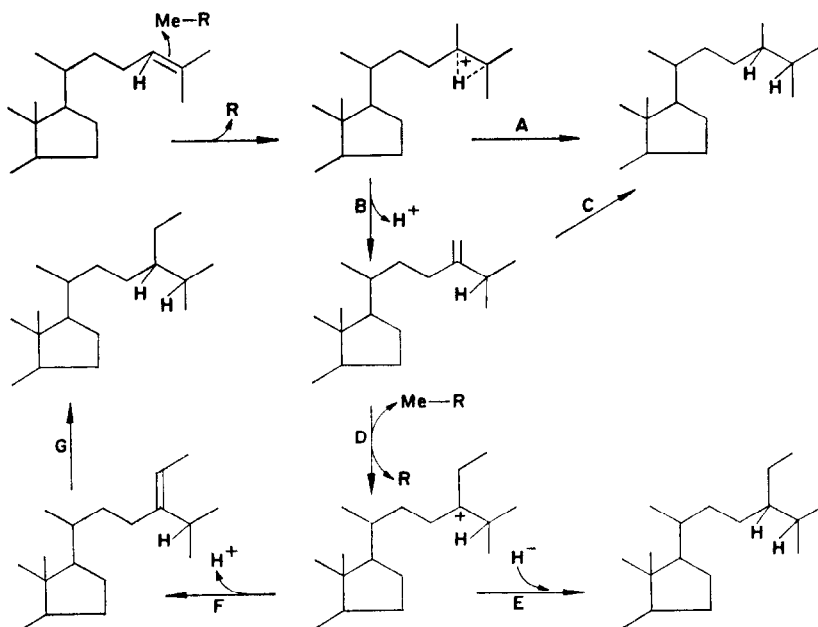
¹³⁷ JAUREQUIBERRY, G., LAW, J. H., MCCLOSKEY, J. and LEDERER, E. (1965) *Biochemistry* **4**, 347

¹³⁸ AKHTAR, M., PANVEZ, M. A. and HUNT, P. F. (1966) *Biochem J* **100**, 38C

¹³⁹ BARTON, D. H. R., HARRISON, D. M. and MOSS, G. P. (1966) *Chem Commun* 595

¹⁴⁰ TOMITA, Y., UOMORI, A. and MINATO, H. (1970) *Phytochemistry* **9**, 555

It has been shown that the 29-carbon atom of 24-ethyl sterols in fungi, algae, and higher plants originates from the *S*-methyl of methionine through a second transmethylation¹⁴¹⁻¹⁴³ The substrate for this reaction is a 24-methylene sterol (Scheme 1D) Castle *et al*¹⁴¹ have proposed two possible routes by which 24-ethyl sterols may be produced and each of these occur in nature For example, *Ochromonas malhamensis* grown in the presence of [CT₃] methionine produced poriferasterol (24-ethyl (24 β)-stigmasta- $\Delta^{5,22}$ -dienol) with only four tritium atoms in the 24-ethyl side chain¹⁴³ which suggests that the second alkylation reaction proceeds via a 24-ethylidene intermediate^{130,145} (Scheme 1F \rightarrow G) On the other hand, in the formation of stigmast- Δ^{22} -enol by the slime mold *Dictyostelium discoideum*¹⁴⁶ and chondrillasterol (and Δ^7 -chondrillastanol) by *C. vulgaris*¹⁴⁰ five deuterium atoms are retained in the ethyl side chain when these organisms are grown in the presence of [CD₃]-methionine. These results support the contention that 24-ethylidene sterols are not intermediate in the formation of 24-ethyl sterols in these organisms (Scheme 1E)



SCHEME 1 ALKYLATION MECHANISMS IN THE FORMATION OF C-24 METHYLENE, METHYL, ETHYLIDENE, AND ETHYL STEROLS AS THEY OCCUR IN PLANT AND FUNGAL ORGANISMS^{140,141}

In the initial stages of the alkylation reaction, migration of a hydrogen atom from the C-24 to C-25 position of the sterol side chain was found to occur (Scheme 1) Lanosterol or cycloartenol biologically synthesized from [2-¹⁴C, (4*R*)-4-³H₁]mevolanate (XXXI) has a tritium atom in the β -position of C-24 and when converted to their respective C-24 alkyl

¹⁴¹ CASTLE, M, BLONDIN, G and NES, W R (1963) *J Am Chem Soc* **85**, 3306

¹⁴² BADER, S, GUGLIOMETTI, L and ARIGONI, D (1964) *Proc Chem Soc* 16

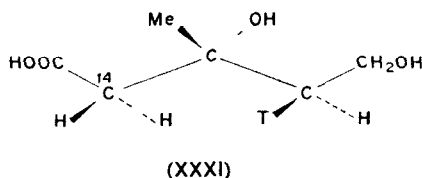
¹⁴³ VILLANUEVA, V R, BARBIER, M and LEDERER, E (1964) *Bull Soc Chim Fr* 1423

¹⁴⁴ SMITH, A R H, GOAD, L J, GOODWIN, T W and LEDERER, E (1967) *Biochem J* **104**, 56C

¹⁴⁵ LENTON, J R, HALL, J SMITH, A R H, GHISALBERTI, E L, REES, H H, GOAD, L J and GOODWIN, T W (1971) *Arch Biochem Biophys* **143**, 664

¹⁴⁶ LENFANT, M, ZISSMANN, E and LEDERER, E (1967) *Tetrahedron Letters* **12**, 1049

isomers, the $^{14}\text{C}/^3\text{H}$ ratio suggests that the original tritium atom in the side chain is retained. This has been demonstrated to occur in higher plants,¹⁴⁷ algae,^{148, 149} and the fungi *A. fumigatus*¹⁵⁰ and *Polyporus sulphureus*.¹⁴⁶ In a similar study with algae, the $^{14}\text{C}/^3\text{H}$ ratio of fucosterol (stigmasta- $\Delta^{5,24(28)}$ -dienol), which could not have a tritium atom in the C-24 position, supports the postulated C-24 to C-25 hydrogen migration during the alkylation reaction.⁷⁴



Formation of Δ^8 -4-Desmethyl Sterols

In spite of the several studies which have been carried out on the biosynthesis of ergosterol by yeast, the quantitatively important intermediates after lanosterol remain uncertain. Lederer¹³⁵ suggested that the first substrate for alkylation is desmosterol. Katsuki and Bloch¹⁵¹ reported experimental evidence that both desmosterol and zymosterol can accept methyl groups (at C-24) in whole yeast cells and that no 24-methyl-4,4-dimethyl or 4 α -methyl sterols could be detected. Moore and Gaylor¹³³ have isolated a methyltransferase enzyme from a strain of yeast which is capable of converting zymosterol to 24-methylene-dihydrozymosterol. These results suggest that pathway A in Scheme 2 may be operative in certain yeast, i.e. transmethylation occurring at the 4-desmethyl sterol level. It should be mentioned, however, that in cell-free yeast preparations desmosterol and zymosterol strongly inhibited the uptake of methionine.¹⁵¹

Since 24-methylene- and 24-methyl-lanosterol can be converted to ergosterol by *S. cerevisiae*,^{132, 152} it appears that 24-alkyl 4,4-dimethyl sterols can be intermediate in ergosterol formation. In addition, 4 α -methyl-24-methylene-24-dihydrozymosterol has been isolated from yeast and, along with obtusifoliol (4 α ,14 α -dimethyl-cholesta- Δ^8 -24-dienol) and 4 α -methylzymosterol, can be converted to ergosterol by growing yeast cultures.¹¹² These results suggest that the C-24 alkylation reaction can also occur at the 4 α -methyl sterol level in the formation of ergosterol by whole yeast cells. There is also convincing evidence for the participation of 24-methylated intermediates at the lanosterol level (Scheme 2B and C) in the formation of ergosterol by mycelial fungi. 24-Methylene-lanosterol,* 24-methylenelophenol (and possibly its Δ^8 isomer), and possibly 14-desmethyl-24-methylene-dihydrolanosterol,³⁴ and others¹⁵³ have been identified as fungal products.

* Identification of a potential intermediate in a biosynthetic pathway does not sufficiently confirm its intermediary role, see Schroepfer *et al.*⁷⁵ for suggested criteria for establishing an intermediary role of a sterol in the biosynthesis of cholesterol.

¹⁴⁷ RAAB, K. H., DESOZA, N. J. and NES, W. R. (1968) *Biochem Biophys Acta* **152**, 742

¹⁴⁸ GOAD, L. J. and GOODWIN, T. W. (1965) *Biochem J* **96**, 79P

¹⁴⁹ GOAD, L. J. and GOODWIN, T. W. (1969) *European J Biochem* **7**, 502

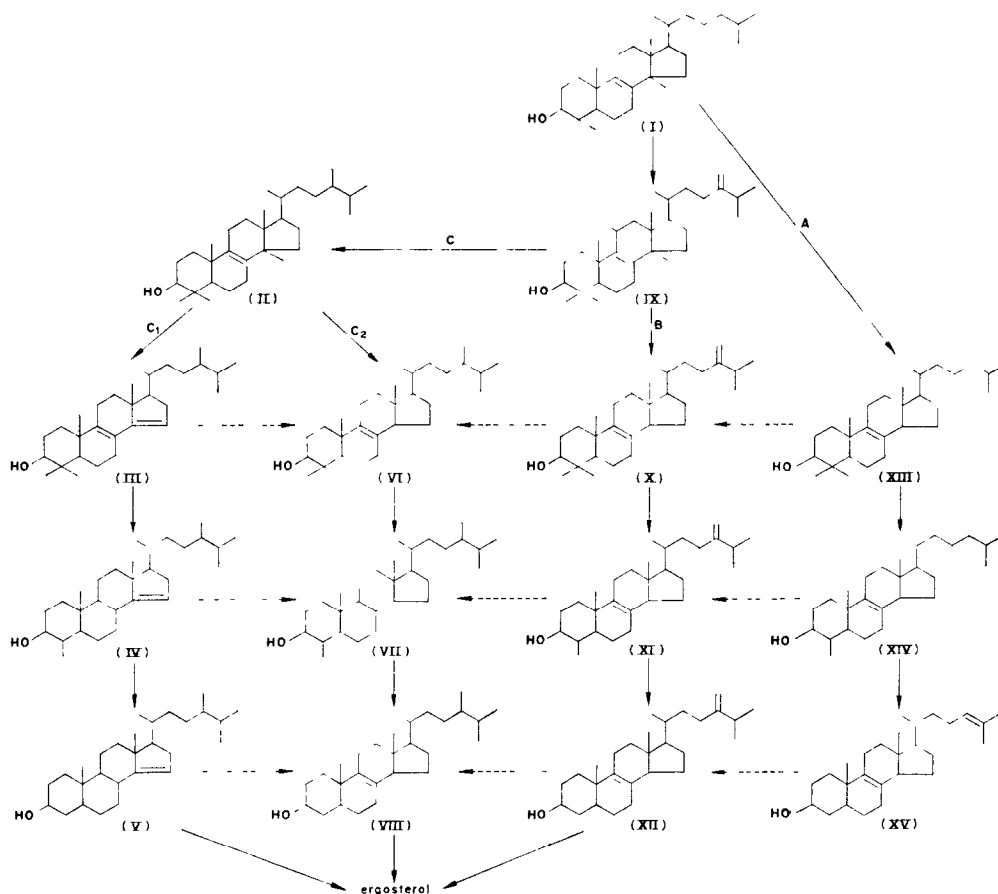
¹⁵⁰ STONE, K. J. and HEMMING, F. W. (1965) *Biochem J* **96**, 14C

¹⁵¹ KATSUKI, H. and BLOCH, K. (1967) *J Biol Chem* **242**, 222

¹⁵² AKHTAR, M., PARVEZ, M. A. and HUNT, P. F. (1969) *Biochem J* **113**, 727

¹⁵³ SHOPPEE, C. W. (1964) in *Chemistry of the Steroids*, Butterworths, London

(see Table 1) The identification of 24-methylenelophenol (4 α -methyl-ergosta- $\Delta^{7,24(28)}$ -dienol) suggests that modification of the ring structure ($\Delta^8 \rightarrow \Delta^{5,7}$) in at least some species may occur prior to the completion of demethylation. This is consistent with proposed pathways of phytosterol biosynthesis¹⁵⁴



SCHEME 2 POTENTIAL BIOCHEMICAL PATHWAYS FOR THE CONVERSION OF LANOSTEROL TO Δ^8 -4-DESMETHYL STEROLS AS THEY MAY OCCUR IN THE FUNGI

Principal pathways (—→), interconversions between principal pathways (----→). The systematic names of each sterol component in this figure are listed below and can be identified by the corresponding Roman numeral (I) lanosta- $\Delta^{8,24}$ -dienol (lanosterol), *† (II) 24-methyl-lanosta- Δ^8 -enol (24-methyl-dihydrolanosterol), *† (III) 4,4-dimethyl-ergosta- $\Delta^{8,14}$ -dienol, (IV) 4 α -methyl-ergosta- $\Delta^{8,14}$ -dienol, (V) ergosta- $\Delta^{8,14}$ -dienol, † (VI) 4,4-dimethyl-ergosta- Δ^8 -enol, (VII) 4 α -methyl-ergosta- Δ^8 -enol, (VIII) ergosta- Δ^8 -enol, (IX) 24-methylene-lanosta- Δ^8 -enol (24-methylene-dihydrolanosterol), *† (X) 4,4-dimethyl-ergosta- $\Delta^{8,24(28)}$ -dienol, * (XI) 4 α -methyl-ergosta- $\Delta^{8,24(28)}$ -dienol, *† (XII) ergosta- $\Delta^{8,24(28)}$ -dienol, * (XIII) 4,4-dimethyl-cholesta- $\Delta^{8,24(25)}$ -dienol, * (XIV) 4 α -methyl-cholesta- $\Delta^{8,24(25)}$ -dienol, *† (XV) cholesta- $\Delta^{8,24(25)}$ -dienol *

* Identified as a fungal product

† Can be incorporated into ergosterol by a fungal system

¹⁵⁴ BEVENISTE, P., HEWLINS, M. J. E. and FRITIG, B. (1969) *European J. Biochem.* **9**, 526

In Scheme 2 (C_1 and C_2) pathways of ergosterol synthesis involving 24-methyl sterols having Δ^8 and $\Delta^{8,14}$ points of unsaturation are illustrated * The point in the pathway of ergosterol formation where the Δ^{14} reduction takes place is unknown, but since Δ^{14} sterols appear to be rare in nature it is plausible that the reduction occurs immediately after C-14 methyl removal In this case, Δ^8 -sterol formation would proceed via pathway C_2 in Scheme 2 As previously mentioned, certain algae grown in the presence of the AY-9944 inhibitor accumulates Δ^{14} sterols at the 4 α -methyl and 4-desmethyl sterol levels ¹²⁰ The fact that Δ^{14} -4-desmethyl sterols are present suggests that, at least for *C. ellipsoidea*, the Δ^{14} reduction occurs at some point subsequent to the demethylation reactions The presence of $\Delta^{5,7,14}$ and $\Delta^{5,7,14,22}$ sterols in some fungi suggests that additional structural modifications such as nuclear double bond shifts may also occur prior to Δ^{14} reduction Whether the accumulation of these sterols in certain fungi are due to genetic alterations unique to these species or isolates, or whether Δ^{14} sterols at this level of demethylation and unsaturation are important intermediates in ergosterol biosynthesis is not known Studies using the AY-9944 inhibitor should give a clue concerning their importance and the point of Δ^{14} reduction in ergosterol formation

At this point, there is no reason to believe that the formation of ergosterol by fungi must proceed by way of the major pathways outlined in Scheme 2 Several studies on the formation of ergosterol by yeast and cholesterol by mammalian systems have shown that a number of sterols differing slightly in structure may serve as substrates for the methylation, reduction, and demethylation reactions which occur in these pathways Thus the dotted arrows in Scheme 2 illustrate hypothetical interrelationships between the major pathways which may occur in fungi

Formation of Ergosterol from Δ^8 -4-Desmethyl Sterol Precursors

Following the demethylation and alkylation reactions, there appears to be four principal 24-alkyl- Δ^8 -4-desmethyl sterol compounds that may serve as potential substrates for the subsequent ring modification which leads to the formation of ergosterol by fungi (a) ergosta- $\Delta^{8,14(28)}$ -dienol, (b) ergost- Δ^8 -enol, (c) ergosta- $\Delta^{8,14}$ -dienol, (d) ergosta- $\Delta^{8,14,24(28)}$ -trienol† (Scheme 3) The $\Delta^{8,24(28)}$ sterol has been identified as a product of the enzyme catalyzed alkylation of zymosterol by a highly purified preparation from yeast ¹³³ Although the $\Delta^{8,14}$ sterol can be converted to ergosterol by yeast, ¹²¹ neither it nor the Δ^8 and $\Delta^{8,14,24(28)}$ sterols have been identified as a fungal product

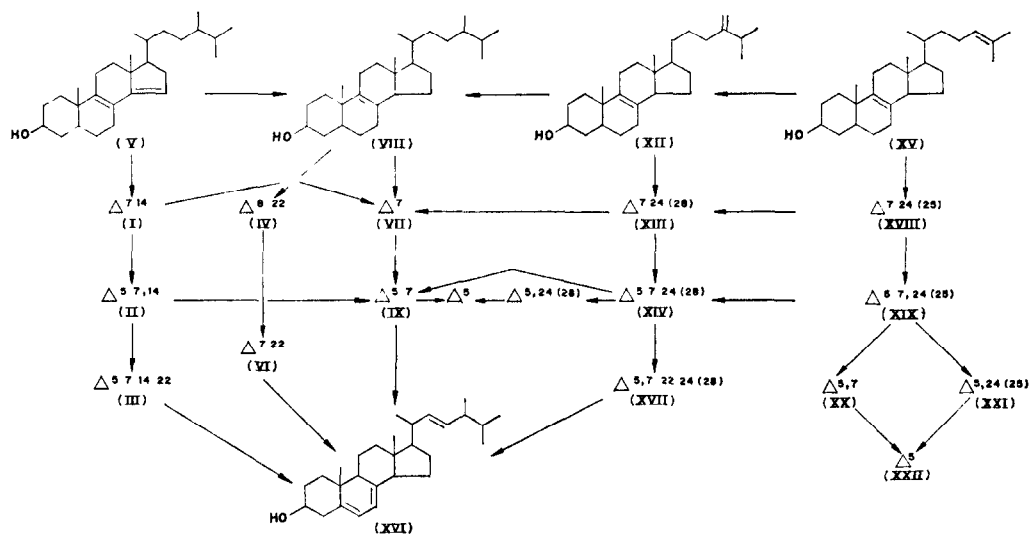
As in the formation of cholesterol, the following reaction sequence also occurs in fungi and leads to the final $\Delta^{5,7}$ ring structure of ergosterol $\Delta^8 \rightarrow \Delta^7 \rightarrow \Delta^{5,7}$ Many of the sterols identified from fungal organisms have points of unsaturation in these positions (see Table 1) and it has been shown that several of these can be converted to ergosterol by yeast and other fungal systems (Scheme 3)

The reaction mechanism of the $\Delta^8 \rightarrow \Delta^7$ conversion in the biosynthesis of cholesterol has been studied using stereo-specifically labeled sterol precursors These studies revealed that the $\Delta^8 \rightarrow \Delta^7$ isomerization involves a loss of the 7β -hydrogen atom while the 7α -hydrogen

* Demethylation of 24-methylene-lanosterol (IX) may also result in a Δ^{14} product and subsequent formation of 24-methylene- $\Delta^{8,14}$ -sterols may be formed in a manner analogous to pathway C_1 in Scheme 2

† As in Scheme 2, the pathway involving 24-methylene- Δ^{14} -sterols is not shown in Scheme 3

was retained.¹⁵⁵⁻¹⁵⁸ Similar results were found in the synthesis of poriferasterol by the alga *O. malhamensis*¹⁵⁹ and in the synthesis of certain sterols by higher plants.¹⁵³ In contrast, Caspi and Ramm¹⁶⁰ found that the stereochemistry of the Δ^7 formation by a yeast homogenate is the opposite to that of the above systems, i.e. the 7 α -hydrogen atom is lost in the conversion of lanosterol to C₂₇ sterols. The following three Δ^7 ergostane derivatives have been identified as fungal products and each can be converted to ergosterol by these organisms (Table 1 and Scheme 3): ergosta- $\Delta^{7,24(28)}$ -dienol, ergost- Δ^7 -enol, and ergosta- $\Delta^{7,22}$ -dienol. It is interesting to note that in studies on the formation of ergosterol by *Chlorella* species, the $\Delta^{7,22}$ sterol was not converted to the $\Delta^{5,7,22}$ structure which suggests that a $\Delta^{5,7}$ sterol may be the immediate precursor to ergosterol in that organism.^{161,162}



SCHEME 3 POTENTIAL PATHWAYS OF ERGOSTEROL BIOSYNTHESIS THROUGH Δ^8 -4-DESMETHYL INTERMEDIATES AS THEY MAY OCCUR IN THE FUNGI.

The systematic names of each compound given in this figure is listed below and can be identified by its corresponding Roman numeral or points of unsaturation. (I) ergosta- $\Delta^{7,14}$ -dienol; (II) ergosta- $\Delta^{5,7,14}$ -trienol,* (III) ergosta- $\Delta^{5,7,14,22}$ -tetraenol;* (IV) ergosta- $\Delta^{8,22}$ -dienol,*† (V) ergosta- $\Delta^{8,14}$ -dienol,† (VI) ergosta- $\Delta^{7,22}$ -dienol,*† (VII) ergosta- Δ^7 -enol;*† (VIII) ergost- Δ^8 -enol; (IX) ergosta- $\Delta^{5,7}$ -dienol,*† (X) ergost- Δ^5 -enol,* (XI) ergosta- $\Delta^{5,24(28)}$ -dienol,* (XII) ergosta- $\Delta^{8,24(28)}$ -dienol,*† (XIII) ergosta- $\Delta^{7,24(28)}$ -dienol;*† (XIV) ergosta- $\Delta^{5,7,24(28)}$ -trienol, (XV) cholesta- $\Delta^{8,24(25)}$ -dienol,*† (XVI) ergosta- $\Delta^{5,7,22}$ -trienol,* (XVII) ergosta- $\Delta^{5,7,22,24(28)}$ -tetraenol,*† (XVIII) cholesta- $\Delta^{7,24(25)}$ -dienol, (XIX) cholesta- $\Delta^{5,7,24(25)}$ -trienol, (XX) cholesta- $\Delta^{5,7}$ -dienol, (XXI) cholesta- $\Delta^{5,24(25)}$ -dienol,* (XXII) cholesta- Δ^5 -enol*

* Identified as a fungal product

† Can be incorporated into ergosterol by a fungal system

¹⁵⁵ PARKS, L. W., BOND, F. T., THOMPSON, E. D. and STARR, P. R. (1972) *J. Lipid Res.* **13**, 311

¹⁵⁶ CANONICA, L., FIECCHI, A., KIENLE, M. G., SCALA, A., GALLI, G., PAOLETTI, E. G. and PAOLETTI, R. (1968) *Steroids* **11**, 749

¹⁵⁷ CANONICA, L., FIECCHI, A., KIENLE, M. G., SCALA, A., GALLI, G., PAOLETTI, E. G. and PAOLETTI, R. (1969) *Steroids* **12**, 445

¹⁵⁸ CASPI, E., GREIG, J. B., RAMM, P. J. and VARMA, K. R. (1968) *Tetrahedron Letters* 3829.

¹⁵⁹ GIBBONS, G. F., GOAD, L. J. and GOODWIN, T. W. (1968) *Chem. Commun.* 1212.

¹⁶⁰ CASPI, E. and RAMM, P. J. (1969) *Tetrahedron Letters* **3**, 181

¹⁶¹ PATTERSON, G. W. and KARLANDER, E. P. (1967) *Plant Physiol.* **42**, 1651

¹⁶² PATTERSON, G. W. and KARLANDER, E. P. (1968) *Plant Physiol.* **43**, suppl. S-46

Introduction of the Δ^5 double bond into ring B of the steroid nucleus has been studied in both mammals (rat liver) and fungi (yeast), yet the natural intermediates in either system remains unclear. It has been established for the biosynthesis of cholesterol that oxygen¹⁶³ and pyridine nucleotide¹⁶⁴ are required in this reaction. The double bond formation at the Δ^5 position involves the removal of the α -hydrogen atoms at the C-5 and C-6 positions, i.e. a *cis* hydrogen elimination.¹⁶⁵⁻¹⁶⁸ Two mechanisms for the introduction of this double bond into a Δ^7 -intermediate were proposed by Akhtar and his associates¹⁶⁹⁻¹⁷⁰ (a) a hydroxylation-dehydration mechanism in which the first step occurs under aerobic conditions and the second step under anaerobic conditions, and (b) a dehydrogenation mechanism. The use of various oxygenated compounds (hydroxyl, keto, and epoxy) in rat liver cell-free preparations for cholesterol synthesis have met with little success in determining the natural intermediate in the $\Delta^7 \rightarrow \Delta^{5,7}$ conversion. Akhtar and Parvez¹⁶⁹ used the yeast *S. cerevisiae* and the biosynthesis of ergosterol to demonstrate the oxygen-dependent dehydrogenation reaction mechanism. These investigators found that whole yeast cells were capable of converting 3α -³H-ergosta- $\Delta^{7,22}$ -dienol into ergosterol under aerobic but not anaerobic conditions. The stereochemistry of C-5 and C-6 hydrogen removal in yeast is the same as that described for rat liver and was also verified in the fungus *A. fumigatus*.¹⁷¹ In addition, they found no conversion of chemically synthesized 3α -³H-ergosta- $\Delta^{7,22}$ -dien- $3\beta,5\alpha$ -diol into ergosterol under anaerobic conditions. This was analogous to the $\Delta^7 \rightarrow \Delta^{5,7}$ conversion in rat liver preparations. The diol was, however, converted to ergosterol in the presence of oxygen. Contradictory results are reported in a series of articles by Topham and Gaylor¹⁷²⁻¹⁷⁴ that describes a membrane bound 5α -hydroxysterol dehydrase from yeast which catalyzes the anaerobic conversion of ergosta- $\Delta^{7,22}$ -dien- $3\beta,5\alpha$ -diol to ergosterol. Furthermore, in accordance with Hamilton and Castrejon,¹⁷⁵ they found that $5\alpha,8\alpha$ -epidioxyergosta- $\Delta^{7,22}$ -dienol (ergosterol peroxide) was converted to ergosterol by this enzyme as efficiently as the diol. Also, when using 3α -³H-ergosta- $\Delta^{7,22}$ -dien- $3\beta,5\alpha$ -diol as the substrate, the 3α -³H was removed during the conversion to ergosterol. Thus, Topham and Gaylor¹⁷⁴ proposed that between a C-5 hydroxylated substrate and the final $\Delta^{5,7,22}$ product, the involvement of an intermediate containing a cyclopropane ring between C-3 and C-5 can explain the loss of 3α -³H during the formation of the $\Delta^{5,7}$ double bond system. Although several C-5 oxygenated compounds can serve as substrates for the yeast dehydrase enzyme in the formation of ergosterol, the quantitatively important natural intermediate in this reaction remains unknown.

The following $\Delta^{5,7}$ sterols have been isolated as fungal products and represent potential ergosterol precursors: ergosta- $\Delta^{5,7,24(28)}$ -trienol, ergosta- $\Delta^{5,7,22,24(28)}$ -tetraenol, ergosta- $\Delta^{5,7}$ -dienol, ergosta- $\Delta^{5,7,14,22}$ -tetraenol, and ergosta- $\Delta^{5,7,14}$ -trienol. The first four com-

¹⁶³ FRANTZ, JR., I. D., DAVISON, A. G., DULIT, E. and MOBBERLY, M. L. (1959) *J. Biol. Chem.* **234**, 2290.

¹⁶⁴ SCALLEN, T. J. and SCHUSTER, M. W. (1968) *Steroids* **12**, 683.

¹⁶⁵ GOAD, L. J., GIBBONS, G. F., LOLGER, L., REES, H. H. and GOODWIN, T. W. (1969) *Biochem. J.* **96**, 79.

¹⁶⁶ AKHTAR, M. and MARSH, S. (1967) *Biochem. J.* **102**, 462.

¹⁶⁷ PALIOKAS, A. M. and SCHROEPFER, G. J. (1967) *Biochem. Biophys. Res. Commun.* **26**, 736.

¹⁶⁸ PALIOKAS, A. M. and SCHROEPFER, G. J. (1968) *J. Biol. Chem.* **243**, 453.

¹⁶⁹ AKHTAR, M. and PARVEZ, M. A. (1968) *Biochem. J.* **108**, 527.

¹⁷⁰ DEWHURST, S. M. and AKHTAR, M. (1967) *Biochem. J.* **105**, 1187.

¹⁷¹ BIMPSON, T., GOAD, L. J. and GOODWIN, T. W. (1969) *Chem. Commun.* 297.

¹⁷² TOPHAM, R. W. and GAYLOR, J. L. (1967) *Biochem. Biophys. Res. Commun.* **27**, 644.

¹⁷³ TOPHAM, R. W. and GAYLOR, J. L. (1970) *J. Biol. Chem.* **245**, 2319.

¹⁷⁴ TOPHAM, R. W. and GAYLOR, J. L. (1972) *Biochem. Biophys. Res. Commun.* **47**, 180.

¹⁷⁵ HAMILTON, J. G. and CASTREJON, R. N. (1966) *Federation Proc.* **25**, 221.

pounds can be converted to ergosterol by fungi, while the $\Delta^{5,7,14}$ isomer has been only recently identified (tentatively) as a fungal product and it has not been determined if it can be converted to ergosterol

Introduction of the Δ^{22} double bond is another structural modification which occurs in the formation of ergosterol. The *trans* Δ^{22} double bond is characteristic of both plant and fungal sterols. Stigmasterol is the predominant Δ^{22} sterol in higher plants while its C-24 epimer poriferasterol, chondrillasterol, Δ^7 -chondrillasterol, and 22-dehydrocholesterol are common in certain algae. Cholesta- $\Delta^{5,7,22}$ -trienol is found in the protozoan *Tetrahymena pyriformis*¹⁷⁶. Ergosterol is the predominant fungal sterol containing the Δ^{22} double bond, but certain potential ergosterol precursors (see Table 1) as well as Δ^{22} -cholesterol and Δ^{22} -24-ethylcholesterol have been reported in certain aquatic phycomycetes. Goodwin⁷⁴ has reviewed the few studies concerning the mechanism of Δ^{22} -desaturation. The two carbon atoms involved in this reaction are C-22 and C-23 which originate from the C-2 and C-5 atoms of mevalonate, respectively. Using stereospecifically labeled mevalonate, Bimpson *et al*¹⁷¹ and Bimpson¹⁷⁷ demonstrated that the 22-pro-*S*-hydrogen atoms are eliminated in the formation of the Δ^{22} double bond of ergosterol by *A. fumigatus* and *B. trispora*. In contrast, Smith *et al*¹⁷⁸ found that the stereochemistry of the Δ^{22} desaturase was the opposite in the synthesis of ergosterol by the alga *O. danica*, poriferasterol by *O. malhamensis*¹⁷⁹ and of cholesta- $\Delta^{5,7,22}$ -trienol by *T. pyriformis*¹⁷⁶. The point during the sterol biosynthesis reaction sequence that the Δ^{22} -desaturation occurs is uncertain.

Structural requirements for introduction of the Δ^{22} double bond are not known but this bond is found in sterols having C-24 saturated or unsaturated alkyl groups and it is also found in non-alkylated sterol side chains. Sterols having the conjugated double bond system $\Delta^{22,24(25)}$ had not been identified from a plant or fungal source. Until recently, fungal sterols having the Δ^{22} double bond were in the later stages of nuclear double bond rearrangement, i.e. double bonds in the Δ^7 , $\Delta^{5,7}$, $\Delta^{5,7,24(28)}$ positions. Parks *et al*¹⁵⁵ have isolated the previously unidentified sterol ergosta- $\Delta^{8(9),22}$ -dienol from a polyene-resistant mutant of *S. cerevisiae* which can be converted to ergosterol by wild-type yeasts. It is unknown whether the desaturation occurs early in the formation of ergosterol or if this is a unique feature of the particular yeast strain.

Biosynthesis of C₂₇ and C₂₉ Sterols by the Fungi

As more fungal species are studied, it is becoming increasingly apparent that cholesterol and other Δ^5 -C₂₇ and C₂₉ sterols characteristic of animal and higher plant organisms are more common to the fungi than was first realized. This is particularly true for the aquatic phycomycetes and rust (spores) fungi which have been examined. Only recently have reports on the sterol composition appeared in the literature and no studies have been carried out on the biosynthesis of these sterols using fungal systems. For reference, the transalkylation reaction leading to the formation of C₂₉ sterols is given in Scheme 1 and a general pathway of cholesterol biosynthesis is given in Scheme 3.

¹⁷⁶ ZANDER, J. M. and CASPI, E. (1970) *J. Biol. Chem.* **245**, 1682.

¹⁷⁷ BIMPSON, T. (1970) Ph.D. Thesis, University of Liverpool.

¹⁷⁸ SMITH, A. R. H., GOAD, L. J. and GOODWIN, T. W. (1968) *Chem. Commun.* 926.

¹⁷⁹ SMITH, A. R. H., GOAD, L. J. and GOODWIN, T. W. (1968) *Chem. Commun.* 1259.

SUMMARY

Relatively few fungal species have been examined for their sterol constituents and the different analytical methods employed almost equal the investigations in number. There appears to be considerable variation in the sterol composition of fungal organisms, but certain generalizations concerning their distribution between the various taxa can be made. Indeed, the more recent studies involving the identification of fungal sterols supports the contention that ergosterol is the most frequently encountered sterol in these primitive organisms. Since the more advanced instruments for separating and identifying complex mixtures of organic compounds have been applied in this area, it is more apparent that ergosterol is not the sole sterol in most fungal species and in many cases not the predominant one as previously believed. Where ergosterol is present, but not predominant, other C_{28} sterols which are presumably ergosterol precursors accumulate to varying degrees depending on the species and conditions of growth. The extent to which ergosterol and its precursors are further metabolized by fungi is largely unknown, but Turner²⁹ lists almost thirty fungal metabolites of this nature which have been structurally identified. Moreover, it appears that ergosterol is totally absent from the aquatic phytomycetes and Δ^5 derivatives of C_{27} , C_{28} , and/or C_{29} sterols are present. Desmosterol has also been identified in these species. Although most of the homobasidiomycete fungi appear to produce ergosterol, this compound has not been reported for the few heterobasidiomycete (rust spores) fungi examined.

As we learn more about the distribution of a particular class of compounds produced by biological systems, their role as a chemotaxonomic character must be considered. It is questionable, however, whether lipids represent an important taxonomic tool in any system at specific or sub-specific levels. After all, the principal value of chemotaxonomy is to provide additional characters to aid in the distinction of closely related species or sub-species which cannot be readily delimited on a morphological basis and to aid in establishing phylogenetic relationships. Secondary metabolites or end-products of metabolism which generally have little known primary function have provided the most important chemotaxonomic characters in plant systems. The fungi have a complex genetic constitution and exhibit a great inter- and intra-specific morphological variability which is influenced considerably by environmental factors and, from the few species examined, it appears that this variability is also reflected in their qualitative and particularly their quantitative distribution of sterols. Thus, it is doubtful that sterols will emerge as an important character for distinguishing fungal species. It must not be overlooked, however, that sterol distribution may prove helpful as an additional tool in organizing fungal taxa at higher taxonomic levels. Patterson¹⁸⁰ has found that this to be true for the major algal divisions Rhodophyta (red algae) and Phaeophyta (brown algae) and suggests that sterol distributions may be of value in the systematics of the Chlorophyta (green algae).

Nes¹⁸¹ points out that with the information now available on the *de novo* synthesis of sterols, it is apparent that these compounds are produced by the same general pathway regardless of the organism and that this pathway evolved early in the evolutionary development of biological systems. In the formation of squalene from acetate, for example, the entire sterol producing biosphere appears to have a series of specific enzymes which catalyze reactions involving common substrates. In the conversion of squalene to the principal 4-desmethyl sterols the same general steps are also present in most organisms, but the quantitatively important intermediates and the sequence in which certain reactions occur differs

¹⁸⁰ PATTERSON, G. W. (1971) *Lipids* 6, 120

¹⁸¹ NES, W. R. (1971) *Lipids* 6, 219

between major taxonomic groups. A large number of natural and synthetic compounds which appear to be structurally intermediate in the formation of sterols have been identified and many of these can be biologically converted to the principal sterols such as cholesterol, ergosterol, and sitosterol. Schroepfer *et al*⁷⁵ have listed forty-two sterol derivatives which can be converted to cholesterol in mammalian systems. Although less attention has been given to phytosterol biosynthesis, it appears that the conversion of cycloartenol into principal 4-desmethyl phytosterols may occur through a number of possible intermediates which vary according to the plant system. This also appears to be true in the formation of ergosterol by fungi. The number of reports on the biosynthesis of fungal sterols is moderate and most of them involve the yeasts. In many cases, these studies were not carried out with the aim of showing relevance to sterol formation by fungi but the yeast were used only as a tool for the study of analogous reactions occurring in plant and particularly mammalian systems. At this time, the information on the mode of ergosterol formation by both yeast and mycelial fungi is too fragmentary to determine if significant differences occur between these morphological forms. As shown in Schemes 2 and 3, there are a number of sterols which represent potential intermediates in the formation of ergosterol by fungi. These include 24-methyl and 24-methylene sterols and their Δ^{14} isomers. The relative participation of 24-methyl and 24-methylene intermediates is determined by the point in the basic reaction sequence that that $\Delta^{24(28)}$ -reductase is operative. As noted before, introduction of the Δ^{14} double bond is independent of the 24-alkyl group and may be present in 24-demethyl, 24-methyl, and 24-methylene isomers. However, only 24-methyl sterols having the Δ^{14} double bond have been isolated from fungi (see Table 1).

The quantitatively important intermediates in sterol biosynthesis differ not only between species of major taxa but they may also vary between tissues and developmental stages of the same organism. These intermediates cannot always be accurately determined by product analysis since those which are quantitatively important may exist in low steady-state concentrations. The high relative concentrations of potential intermediates which are often detected may only be an expression of the less favored pathways operating simultaneously with the predominant one. The accumulation of these compounds may also reflect their inability to be further metabolized to the predominant sterol product or a low rate of turnover. It has not been established whether the enzymes responsible for the conversion of 4,4-dimethyl to principal 4-desmethyl sterols are relatively non-specific or, if a number of enzymes specific for each intermediate exists. Now that the basic steps in this conversion are generally known, the two principal problems which remain are determining the sequence of these reactions involving the quantitatively significant intermediates and, perhaps more important, is understanding the regulatory mechanisms which determine the reaction sequence.¹⁸⁰

The degree to which major groups of organisms vary in their ability to produce their predominant sterols by alternate routes appears to be in the order plants > fungi > animals. However, with more investigation it is probable that considerably more variability may be found in the fungi. The fungi are a diverse group of organisms which have a complex genetic potential. Throughout the fungal life cycle, the two generations which differ in ploidy levels are further complicated by the dikaryotic and heterokaryotic conditions. These conditions could lead to additional inter- and intra-specific variation in the sterol composition of this heterogeneous group of organisms. For this reason, generalizations concerning the sterol distributions in a fungal species should be based on analyses of more than a single isolate. In only a few instances has more than one isolate of a single mycelial species

been examined for its sterol composition and significant differences were noted (see Table 1). Phenotypic variations at the molecular level may also vary within the same culture, as is often illustrated by differences in pigmentation.

Acknowledgements—Special thanks to Mrs Lila Mager for her secretarial assistance and Tony Paschall for his technical assistance.